

# ***Blue Pelican Café***

## ***Breakfast Menu***

<b>Granola</b>	<b>£2.75</b>
Crunchy oats and nuts served with fresh fruit and crème fraiche with your choice of skimmed, semi skimmed or soya milk	
<b>Blue Pelican Pancakes</b>	<b>£2.75</b>
Three American style pancakes served with pecan nuts and maple syrup	
<b>Poached Kippers</b>	<b>£6.75</b>
Served with two poached eggs and two slices of buttered, chunky toast	
<b>Breakfast Sandwiches</b>	Served on freshly cut bread
• Bacon sandwich	<b>£2.99</b>
• Sausage Sandwich	<b>£3.50</b>
<b>Welsh Rarebit</b> – two slices	<b>£3.99</b>
<b>Apple and Cinnamon French Toast</b>	<b>£2.99</b>
<b>Croque Monsieur</b>	<b>£4.99</b>
Mature cheddar and ham toasted between two slices of freshly cut bread	
<b>Croque Madame</b>	<b>£5.99</b>
As our Croque Monsieur, topped with a poached egg	
<b>Simply Eggs</b>	<b>£3.99</b>
Two eggs, scrambled or poached, served with two slices of buttered, chunky toast	
<b>Eggs Benedict</b>	<b>£5.60</b>
An open muffin, lightly toasted and topped with ham, poached eggs and hollandaise sauce	
<b>Smoked salmon with scrambled eggs</b>	<b>£5.35</b>
Served with two slices of buttered toast or a toasted bagel	
<b>Full Welsh</b>	<b>£6.99</b>
Sausage, smoked bacon, poached or scrambled eggs, hash brown, mushrooms, tomato and baked beans with two slices of toast	
<b>Vegetarian Welsh</b>	<b>£6.99</b>
Homemade Glamorgan sausages, poached or scrambled eggs, hash brown, mushrooms, tomato and baked beans with two slices of toast	
<b>Children's Breakfast</b>	<b>£2.50</b>
A junior portion – perfect for little appetites. One scrambled egg with baked beans and a slice of buttered toast	